

The Hong Kong College of Orthopaedic Surgeons

The 15th Rehabilitation Symposium

Multidisciplinary Management of Musculoskeletal Pain



Overseas Speaker:

Dr. Kok-eng KHOR

Consultant in Anaesthesia and Pain Medicine

The University of New South Wales

Prince of Wales Hospital, Australia

Date: 25 September 2021 (Saturday)

Format: Online Platform

Registration Deadline: 20 September 2021 (Monday)

HKCOS CME/CPD Points: 8 Cat A / 8 Cat R

HKCOS Training Points: 8 / 8 Rehab

Enquiry & Registration:

1. *Google Form* <https://forms.gle/dzz9ufjsuJFPj9UJA>

2. *Paper Form* <https://rb.gy/ezq8i5>



Payment Method

By Direct Bank Deposit/ Bank Transfer to the HKCOS bank account.

Please email the payment advice or bank slip to our secretariat (hkcoss@hkcoss.org.hk).

The account information is as follows:

Beneficiary Bank: The Hongkong and Shanghai Banking Corporation Limited

Name of Beneficiary: The Hong Kong College of Orthopaedic Surgeons

Account Number: 082-140179-001

By Cheque

The cheque should be crossed and made payable to "THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS".

Please mark your full name at the back of the cheque and mail it to the HKCOS address as undersigned.

Symposium Secretariat, The Hong Kong College of Orthopaedic Surgeons,

Room 905, 9/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong

Tel: (852) 2871 8722

Fax: (852) 2873 4077

Website: <http://www.hkcoss.org.hk>





The Hong Kong College of Orthopaedic Surgeons Rehabilitation Subspecialty Board
The 15th Rehabilitation Symposium

MULTIDISCIPLINARY MANAGEMENT OF MUSCULOSKELETAL PAIN

Date : 25 September 2021
Time : 08:30 – 16:40
Format : Online Platform

For official use only

Registration No.:

Date Received:

REGISTRATION FORM

(Please put a "✓" in appropriate box and fill it in block capitals)

Title: Prof. Dr. Mr. Mrs. Ms.

Surname: _____ Given Name: _____

Chinese Name: _____ Position: _____

Institution: _____ Department: _____

Specialty: Orthopaedics Physiotherapist Occupational Therapist
 Nurse Others: _____

Mailing Address: _____

Telephone: _____ Facsimile: _____

E-mail: _____

REGISTRATION Registration fee: HK\$300.-

(Registration will be made on a first-come-first-served basis. Written requests must be sent to the below Symposium Secretariat address on or before 20 September 2021 for cancellation and registration fee refund. An administrative fee of HK\$100 per registration will be charged. **NO REFUND REQUEST WILL BE ENTERTAINED AFTER 20 September 2021.** Only written requests will be accepted. All approved refunds would be issued 30 days after the event. In case of cancellation due to bad weather or other uncontrollable factors, no refund will be entertained.)

PAYMENT

A cheque or bank draft No. _____ in HK\$300 – made payable to
"THE HONG KONG COLLEGE OF ORTHOPAEDIC SURGEONS" is enclosed.

I hereby agree with the terms & conditions above.

Signature: _____ Date: _____

Please return the completed form with payment to:
Symposium Secretariat, The Hong Kong College of Orthopaedic Surgeons
Room 905, 9/F, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Aberdeen, Hong Kong
Tel: (852) 2871 8722 Fax: (852) 2873 4077 Website: <http://www.hkcos.org.hk>



The Hong Kong College of Orthopaedic Surgeons 15th Rehabilitation Symposium

Multidisciplinary Management of Musculoskeletal Pain

25 September 2021, Saturday

Free Paper Session

Time	Topics	Moderators/Speakers
08:30 – 10:00	Session 1 – Free Paper Session	Dr. Hon-bong LEUNG Dr. William Kin-Hung CHENG
08:30 – 08:38	1. Enhancement of Fall Prevention in Activities of Daily Living (ADLs) During Hospitalization	Mr. Ling-chi LAM
08:38 – 08:46	2. Triaged Physiotherapy Program was Effective for the Rehabilitation of Patients with Neck or Back Conditions	Ms. Pui-yan LAM
08:46 – 08:54	3. The Evolution of Venous Thromboembolism Guideline in Total Knee Replacement Rehabilitation: 10-Years' Experience from a Joint Replacement Centre	Dr. Chi-kin LO
08:54 – 09:02	4. Outcomes of A Local Splint Program for Mallet Injury: A Retrospective Review	Ms. Sylvia Hei-ting LO
09:02 – 09:10	5. Fragility Fracture Liaison Service to Bridge Secondary Fracture Prevention Gap For Osteoporosis With "4i" Approach: Identify, Investigate, Intervene, Involvement	Dr. Raymond Wai-kit NG
09:10 – 09:18	6. Objective Changes in Physical Activity Among Patients With Lumbar Spinal Stenosis Following Prehabilitation Before Surgery – A Pilot Randomized Controlled Trial	Dr. Arnold Yu-lok WONG
09:18 – 09:26	7. Factors Affecting Pain and Disability in People with Chronic Low Back Pain	Dr. Arnold Yu-lok WONG
09:26 – 09:34	8. Local Experience Sharing : Exercise Training Programme for Patients with Knee Osteoarthritis in MMRC	Mr. Shun-shing YEUNG
09:34 – 09:42	9. Can Daily Physiotherapy Service Improve The Outcome of Patients With Total Knee Arthroplasty?	Mr. Ho-ting YIP
09:42 – 10:00	Discussion / Wrap-up	



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15th Rehabilitation Symposium

Multidisciplinary Management of Musculoskeletal Pain

25 September 2021, Saturday

Time	Topics	Moderators/Speakers
08:30 – 10:00	Session 1 - Free Paper Session	Dr. Hon-bong LEUNG Dr. William Kin-hung CHENG
10:00 – 10:15	Break	
10:15 – 10:30	Session 2 - Opening Ceremony	Dr. Ka-ho NG
10:15 – 10:30	2.1 Opening Speech, President of HKCOS	Dr. Wilson LI
10:30 – 11:40	Session 3 - Chronic Low Back Pain - What To Do When There Is Nothing Left To Do	Dr. Sheung-wai LAW
10:30 – 10:50	3.1 Orthopedic Surgeon's Perspective - Assessment Management Before Referral to Pain Specialists	Dr. Sheung-wai LAW
10:50 – 11:10	3.2 Pain Specialist's Perspective: When to Refer to Pain Clinics?	Dr. Kok-eng KHOR
11:10 – 11:30	3.3 Basic Science of Pain – Neuropathic Vs Nociceptive Pain	Dr. Kok-eng KHOR
11:30 – 11:40	Q & A	
11:40 – 12:50	Session 4 - Complex Regional Pain Syndrome	Dr. Enoch Erh-heng CHEN
11:40 – 12:00	4.1 Update of Diagnostic Criteria and Clinical Assessment	Dr. Angela Wing-hang HO
12:00 – 12:20	4.2 Complex Regional Pain Syndrome - Australia Experience	Dr. Kok-eng KHOR
12:20 – 12:40	4.3 Principles and Practices on Intervention Pain Management	Dr. Kok-eng KHOR
12:40 – 12:50	Q & A	
12:50 – 14:00	Session 5 – Lunch Break	



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Time	Topics	Moderators/Speakers
14:00 – 15:25	Session 6 - Practical Approach to Neuropathic Pain	Dr. Wing-yuk MOK
14:00 – 14:20	6.1 Chronic Pain Care Model: A Local Experience	Dr. Debriel OR
14:20 – 14:40	6.2 Integrative Care for Neuropathic Pain	Mr. Ricky LAU
14:40 – 15:00	6.3 Functional Restoration – Occupational Therapy Approach	Mr. Jonathan CHOW
15:00 – 15:10	Q & A	
15:10 – 15:25	Break	
15:25 – 16:35	Session 7 –Interventional Pain Management	Dr. Chor-yin LAM
15:25 – 15:45	7.1 Local Experience of Radiofrequency	Dr. Adrian Hon-bong LEUNG
15:45 – 16:05	7.2 Regenerative Medicine : Basic Science, Clinical Research, Treatment Regimens and Recommendation	Dr. Tony Kwun-tung NG
16:05 – 16:25	7.3 Spinal Cord Stimulation	Dr. Sunny Yuk-ming LEE
16:25 – 16:35	Q & A	
16:35 – 16:40	Session 8 – Announcement of Best Paper Award and Closing Remark	Dr. Ka-ho NG

The Hong Kong College of Orthopaedic Surgeons

<< NOTICE >>

ARRANGEMENT FOR REHABILITATION SYMPOSIUM IN TIMES OF EXTREME WEATHER

Rainstorm / Typhoon Warning Signal	Whole day on 25 September 2021 (Saturday)
Black Rainstorm Warning <u>or</u> Typhoon Signal No. 8 or Above	The Symposium will be held as scheduled. Updated announcement would be notified to free paper presenters and adjudicators in the afternoon on 24 September 2021.
Amber / Red Rainstorm Warning <u>or</u> Typhoon Signal No. 3 or Below	The whole Symposium will be held as scheduled.
During the Symposium	The Symposium should be allowed to continue unless the situation is considered dangerous.

Remarks:

- In the event that inclement weather (Black Rainstorm Warning or Typhoon Signal No. 8 or Above) forces the Organizing Committee to cancel the Symposium partially or completely, there will NOT be any refund of registration fee.
- Please check the latest updates on the College website (www.hkcos.org.hk) and the latest weather announcement by the Hong Kong Observatory via <http://www.hko.gov.hk> from time to time for more up-to-date weather information.
- Any queries on the above arrangement, please feel free to contact the Symposium Secretariat at (852) 2871 8722 or by email at hkcos@hkcos.org.hk on or before 24 September 2021 (Friday). Thank you.